# LEAF LUNCH

#### our company and our farm

Leaf Vegetarian Restaurant is operated by Three Leaf Concepts, a local, family owned restaurant group including The Boulder Dushanbe Teahouse, Chautauqua Dining Hall,
The Huckleberry and Zucca Italian Ristorante in Louisville and our catering company, Three Leaf Catering.

Our Commitment to fresh, local and organic ingredients led us to create Three Leaf Farm in Lafayette, CO, which allows us to provide organic, seasonal, freshly harvested ingredients and strengthens our commitment to cultivating a more sustainably focused company. Our Chefs work directly with our farmer to ensure the highest quality seasonal ingredients for our guests.

To learn more about our farm, please visit us at www.threeleaffarm.com



Greek Salad (vo, gf) 10.5/14 lettuce, tomato, cucumber, feta, olive, oregano vinaigrette Southwest Salad (vo, gf) 11/15

mixed greens, vegan picadillo, tortilla strips, black bean, roasted corn, avocado, cotija cheese, sweet & spicy pepita, creamy cilantro-lime dressing

Mandarin Kale Salad (v, gf) 10.5/14 asian pear, cherry, pepita, carrot, vegan apple-honey vinaigrette

Seaweed Salad (v, gf) 10 5/14 mixed greens, micro greens, wakame, avocado, brown rice, pickled carrots, miso ginger vinaigrette

4/6 cup/bowl, rotating option

### SANDWICHES

comes with russet fries, greek salad, soup, or fruit +1.5 for sweet potato fries or mixed fries, +1 for kale salad

Fried Avocado BLT (v) vegan bacon, lettuce, tomato, garlic whip, texas toast

Caprese (gfo) mozzarella, vegan prosciutto, olive oil aioli, arugula, strawberry, pomegranate molasses, baguette

Vegan Crab Cake (v) tempeh tofu wakame cake, mixed greens, tartar sauce, vegan brioche bun

Mushroom Burger (vo, gfo) 15 mushroom walnut quinoa patty, pepper jelly, red onion, mixed greens, swiss cheese, vegan brioche

Reuben (vo, gfo) sauerkraut, swiss cheese, vegan remoulade, rye bread

## SIDES & SUBSTITUTIONS

Vegan Bacon or Vegan Sausage	4
Egg	2.5
Fresh Fruit	5
Avocado	3
French Fries	4
sweet potato fries (+1.5)	
Marinated Tofu	5
Harissa Tofu or Blackened Tofu (+1)	
Tempeh	5
Mini Vegan Crab Cake	5
Mini Mushroom Burger Patty	5
Sub. Vegan Cheese	1.5
Sub. Gluten Free Bread	3

#### **Buffalo Cauliflower Tacos** corn tortillas, "blue cheese," celery, carrot Leaf Plate (v, gfo) 12.5 toasted vegan naan, babaganoush, sundried tomato hummus, pickles, red pepper chutney Cheese Plate (gfo) rotating cheeses, nuts, crostini, dried fig & cherry, orange marmalade Jackfruit Adobada Nachos (v, gf) 10 corn tortillas, grilled vegetable mix,

10

Calamari Style Oyster Mushrooms (v, gf)

rice flour battered and fried mushroom. sesame, green onion, sweet & spicy dipping sauce

white refried beans, vegan queso & cotija



### ENTREES

Harvest Quinoa Bowl (v, gf) seasonal vegetables, sweet potato, double roasted beets, lemon beet infusion	13.5
Huevos Rancheros (vo, gf) spanish rice, black beans, green chili, pico de gallopepper jack, egg or tofu scramble	13.5
Pad Thai (v, gf) rice noodle, tofu, peanut, broccoli, snap pea, mushroom, cabbage, cucumber, radish, cilantro	14
Orange Cauliflower (v, gf) battered cauliflower, sesame-orange glaze, vegan fried brown rice, pan roasted broccoli	14
Bibimbap (vo, gf) grilled tofu, cucumbers, carrots, kimchi, soybean shoots, kale, brown rice, gochujang, fried	15 egg
Thai Green Curry Fried Rice (v, gf) green curry, ruby red rice, tofu, carrots, onion, bell	14 peppe

<sup>\*</sup>At Leaf, there is a 4% Kitchen Living Wage Surcharge added to each guest check to address the growing wage disparity among restaurant employees. This fee goes directly to our hardworking and creative Leaf Kitchen staff. We ask for your support in this new sustainable practice. A 20% gratuity may be added to parties of 6 or more; split plate fee \$3. \*These items may be served raw or undercooked based on your specification, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry as acpoal, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. All of our server regarding any dietary restrictions.